



Thursday, 6th March 2025

The first task of the day involved the activity titled *Game: Theatre & Dancing Methods – Confidence Building* offered young participants a fun and expressive way to step out of their comfort zones. Through theatrical games and creative movement exercises, they explored different aspects of body language, self-expression, and communication. The combination of theatre and dance helped them boost their self-confidence, connect with others, and overcome feelings of shyness or hesitation. It was a dynamic experience that encouraged personal growth in a supportive and inclusive environment.

Following a short coffee break, it was time for the *Negotiation Learning* activity, where the participants had the opportunity to develop essential communication and decision-making skills through interactive exercises and real-life scenarios. They explored key negotiation techniques, such as active listening, finding common ground, and reaching win-win solutions. The session encouraged them to think critically, understand different perspectives, and build confidence in expressing their opinions. Overall, it was a valuable experience that equipped them with tools they can use in both professional and everyday situations.

After lunch, in the *Presentations of Negotiations* activity, the participants had the chance to put their negotiation skills into practice by preparing and presenting simulated negotiation scenarios. Working in teams, they developed strategies, assigned roles, and presented their arguments in front of their peers. This activity not only helped them strengthen their public speaking and teamwork abilities but also allowed them to receive feedback and reflect on their approach. It was a dynamic and engaging way to apply what they had learned about negotiation in a realistic and supportive setting.

In the afternoon, the Great Debate Activity took place. In the *The Great Debate (Public Speaking Training)* activity, participants had the opportunity to enhance their public speaking and argumentation skills through structured debates. They were challenged to research and present on various topics, such as AI, Social Media and technology developing both their speaking abilities and critical thinking. Five teams were formed, and each had 30 minutes to research, plan arguments, and assign roles (speakers, researchers, rebuttal leads). The debates that followed were intense, passionate, and respectful. Participants impressed everyone with how well they articulated points, listened critically, and presented counterarguments. The activity provided valuable feedback from peers and mentors, allowing them to refine their delivery, improve their persuasive



techniques, and build confidence in speaking to an audience. It was an engaging and empowering experience, helping participants become more effective communicators in both personal and professional settings.

Day 6 wrapped up with casual conversations and reflections over dinner, with many participants continuing skill-sharing into the evening hours. The night was closed with the Slovenian night.