



Wednesday, 5<sup>th</sup> March 2025

The session started at 10:05 today due to some late glitches and luckily everyone was on time to the session.

The Bulgarian team took charge of the energizer with a game tagged “molecules”. The energizer was quite fun and for sure livened the mood of everyone in the hall. We did a name game so that everyone would get familiar with one another’s names as the project slowly draws to a close.

Anastasia delved dip into the topic of ‘public speaking’ explaining in detail the concept of stage fright and it can be overcome. Everyone shared their opinion on the topic and hopefully it went a long way in helping the participants.

After coffee break, Boyan from the Bulgarian team conducted a ‘making a pizza’ energizer which was quite creative. Then, the participants took part in an engaging activity focused on CV presentation. During the session, they learned how to structure an effective curriculum vitae, highlight their strengths and experiences, and tailor their CVs to match different job opportunities. The activity provided them with practical advice and real-life examples, helping them feel more confident and prepared when applying for future positions.

After lunch, we had some energizers based on leadership after which we discussed various leadership styles. It was an eye-opening moment as the participants discussed what kind of leadership styles they were inclined towards. Then, the participants took part in an interactive activity titled *Interview Sessions*, where they explored the key elements of a successful job interview. As part of the session, they engaged in role-playing exercises, with some acting as candidates and others as interviewers. This hands-on experience allowed them to practice answering common interview questions, improve their communication skills, and receive constructive feedback. The activity helped boost their confidence, enhanced their understanding of interview dynamics, and prepared them for real-life job opportunities.

The night culminated in North Macedonian Cultural Night, where participants got to experience the unique traditions, music, and cuisine of the country. This led to an exciting evening of dancing and music in the garage, where everyone danced the night away, sharing joy and memories from a full day of activities.